

## **Title**

COMPOSEd – Exploring the barriers to effective co-morbidity management post-stroke with a focus on hypertension and diabetes

## **Acronym**

COMPOSEd – Barriers to Effective Co-Morbidity Management Post-Stroke

## **Principal/Lead Investigator**

Dr Jonathan Hewitt

## **Participating Sites**

Ysbyty Ystrad Fawr

## **Study Summary**

COMPOSEd is a study of patients' and healthcare professionals' experiences and opinions of diabetes and blood pressure management after a stroke. The study will use focus groups as the main method of data collection. It will be guided by an approach known as 'grounded theory'. This approach seeks to build and develop themes from the discussions and responses of the participants of the focus groups. Additionally, the researchers will explore with both stroke survivors and healthcare professionals their thoughts on how acceptable certain aspects of new diabetes and blood pressure management techniques currently in development are to them.

## **UKCTG Number**

38049

## **Study Sponsor**

Aneurin Bevan University Health Board